

LOUISA FARMS



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KEFALONIA

The LOUISA FARMS Team

invites you to join our once-in-a-lifetime
Harvest Journey to Greece
in the Fall of 2023



Experience the beauty and culture of Greece with Louisa Farms' Harvest & History Holidays in the Fall of 2023. Join us and live like a local on this once-in-a-lifetime journey through Athens, Corinth, Kyllini, and Olympia, and explore the stunning island of Kefalonia.

Choose from one of our three trips:

September 27th - October 6th (Week One), or
October 11th - October 20th (Week Two), or
October 31st – November 9th (Week Three)

Your journey begins with us at either the Athens airport on the first day of the journey (if you're arriving on the same day) or at the Athens Chic House (if you're already in Athens) - an elegant and phenomenally located accommodation where we will stay and explore Athens from.

While in Athens, we'll visit the Parthenon, Museum of Acropolis, Onassis Cultural Center, Niarchos Cultural Center, and stroll through the historical neighborhood of Plaka and Areopagus. We'll also visit the port of Piraeus and marvel at the Themistoclean Wall.



On the third day of the trip, we'll stop at the Corinth Canal and Ancient City of Corinth. The ancient city of Corinth, which inspired many of Apostle Paul's most famous biblical letters, was known for its architectural and artistic innovations including the invention of black-figure pottery and Corinthian style columns. We'll also visit Olympia, where we'll see the altar where the Olympic Torch is always lit for the modern Olympic Games, the original Olympic Games stadium, pediments of the temple of Zeus, the statues of Nike of Paeonius and Hermes of Praxiteles, as well as the legendary helmet of General Miltiades from the battle of Marathon in 490 BC.



We'll spend two nights in the Olympia area, staying at the picturesque Kyllini's Fragos Studios.



Then, we'll board the ferryboat to the hidden gem of Kefalonia.

While on Kefalona we will:



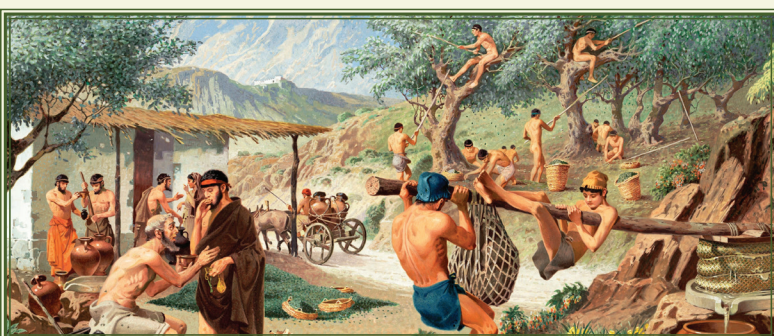
- Participate in Kefalonia's olive harvesting activities at the Louisa Farms - Mantzavinatos Olive Farm and taste the unique flavors of the early harvest extra virgin olive oil.



- Examine the importance of the olive tree in the Bible as well as in one of the best-known works in classical Greek literature: Homer's *Odyssey* and see how it may impact present times (Guided discussions.)



- Live like a local and learn how to recognize the subtle flavors of the Kefalonia extra virgin olive oil or “Liquid Gold” as Homer used to call it.



• Enjoy a harvest-inspired stay and participate in authentic activities that reflect the region's past and present, including two special visits:

One: to the local winery, where we will sample and discuss the unique wine making based on biodynamic methods & astrological configurations calendar.

Two: to a local cheese farm to find out how locals prepare various cheeses and, of course, Feta!



• Travel to Ithaca and spend a half day excursion on this island, to see the majestic scenery and talk about Ithaca's symbolism of the promised land.



We will depart from the Kefalonia island and return to Athens on the 9th day of the excursion and spend one last festive night at the Athens Chic House.



All tours, activities and instructions will be conducted in English.

Ergini B. Martnishn, a former U.S foreign service officer born and raised in Greece, is leading the Louisa Farms harvest trips, with the assistance of her husband, Steven Martnishn, a retired U.S diplomat. Ergini taught Greek for many years at the Foreign Service Institute (FSI) at the George P. Shultz National Foreign Affairs Training Center in Arlington, Virginia Ergini and Steve moved abroad several times serving at US Embassies in various countries. During their overseas assignments Steve and Ergini had the opportunity to share their Greece-related knowledge with new and old colleagues and friends who wanted to travel to Greece During her two tours at the Athens U.S Embassy, Ergini oversaw all immersion programs with the principal objective to familiarize and connect the newly arrived foreign service officers with the Greek environment and culture.

Round Trip Airfare (US - Athens, Greece- US) is NOT included

EACH TRIP LASTS FOR 10 DAYS

TRIP INCLUSIONS

- All Lodging accommodations: Athens, Kyllini / Olympia, Kefalonia back to Athens
- All Ground transportation within Greece and Ferry Boat from Kyllini to Kefalonia, from Kefalonia to Ithaca as well as from Kefalonia back to Kyllini.
- Three meals per day, including two receptions (welcome to the island of Kefalonia and good-by gathering).
- All activities as described above including the participation in guided discussion lead by professionals.
- Entrance fees to all museums.
- Olive oil, Wine, and Cheese Tasting.
- All local taxes and service charges.
- Gratuities to all service staff throughout the experience.
- Educational materials to help you prepare for the experience.
- Professional Photography on Kefalonia (individual and group photos)

Cost:

\$ 4.645 per person in single room accommodation

\$ 4.285 per person in double rooms accommodation

\$500.00 deposit due upon registration, balance due by May 30,2023

*For questions and further details please contact Ergini at
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